

in the Pays du Mont-Blanc

signposted trails

km





CALLING ALL SNOWSHOERS AND HIKERS!

This guidebook includes over sixty Snowshoeing routes and signposted trails in the Pays du Mont-Blanc region.

For each of these, you will find a sign on-site at the starting point, a site plan at each junction and markings to help you travel safely.

These trails represent only a very small part of the boundless opportunities for discovery offered by the wide snow-capped open spaces that are frequently found along the highest peaks.

To ensure you get the most out of your experience in the best conditions, staff are available in all 14 resorts in the Pays du Mont-Blanc and the Vallée de Chamonix Mont-Blanc regions. Feel free to contact them.

Contact the local tourist offices for more information.

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50-51



Sallanches.

ACCESSING THE TRAILS

The starting points of the trails often include parking areas where you can leave your car. However, when possible, it is nonetheless recommended to use public transport. Free shuttle buses can be used to get around inside the resorts.

Vallée de Chamonix Mont-Blanc (Vallorcine, Chamonix, Les Houches, Servoz):

- Free SNCF train between Servoz and Vallorcine when you show your guest card.
- Free Chamonix-Bus urban shuttle bus throughout the Chamonix valley when you show your guest card (except for the Chamo'nuit night bus).

Cordon, Combloux, Les Contamines-Montjoie, Megève, Passy Chef-lieu et Plaine-Joux, Prazsur-Arly, Saint-Gervais Mont-Blanc:

Bus connection from the SNCF

Le Fayet train station or the SNCF Sallanches train station.



Please note: some trails can only be accessed via ski lift, and these are not always open, remember to check opening times before leaving - these are available at the local tourist offices

RECOMMENDATIONS

- Is the hike you are planning suitable, given:
 - the weather conditions?
 - your physical capabilities?
 - your equipment?
 - the time you have available?
- Remember that conditions may change, and you should always exercise caution.
- You are responsible both for your own safety and the safety of others.
- Never hike alone.
- Remember to tell family, friends or those travelling with you about your planned route.
- Do not disturb the local wildlife keep your dog on a lead.
- Please ensure that you do not trample on any young trees.
- Take your rubbish home with you.
- In the event of an accident, ring 112.

WEATHER FORECAST

(+33 (0)8 99 71 02 74 www.meteo.fr



IDENTIFYING SIGNAGE

You will find starting point signs, site plans and signposting throughout our trails in the Pays du Mont-Blanc



Snowshoeing route



Hiking route



Beware of danger



Main route



Possible trail on foot

Pushchair-friendly



Wrong direction



Connecting route





Car park



Snowshoe trail starting point

direction

Snowshoe route



Road

route



Cross-country skiing



■ Train

Bus



© Eric Thiolière











Tourist Office





Point of interest



Yiewpoint indicator 🛣 Shelter



Paragliding site Mountain hut



† Oratory





Baroque decoration X Catering



Picnic area

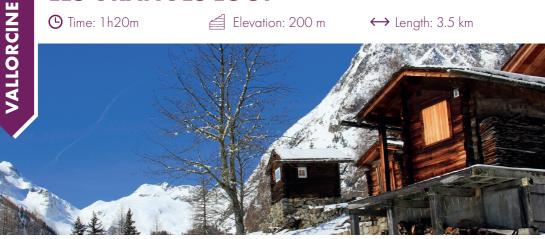
House, farm hamlet, village



Refreshment area

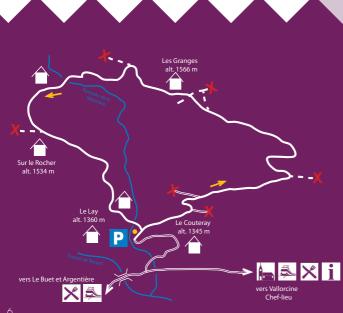






From the hamlet of Le Couteray, a wide track travels upwards, flanked by the wooden buildings that are often found in the "valley of the bears" otherwise known as Vallorcine. Here you will see many barns, granaries and raccards, each made of ancient sun-darkened wooden joists, planks and shingles.

Here you will zig-zag through the forest before arriving at Les Granges, where the view opens up, on the other side of the col des Montets mountain pass, over the Argentière glacier and the Aiguille Verte mountain. Once you have crossed the Meunière stream, you will start the descent until you reach the chalets at Sur le Rocher, then the hamlet of Le Lav.



Local information **Granaries** and raccards

These small agricultural outbuildings are made for a specific purpose.

Barns are used for housing hay, while "raccards" (traditional granaries) include a threshing area and a pole for drying hemp and flax. Granaries (known locally as "mazots") house grain, as well as family paperwork, jewellery and festive dress

LES SAIX BLANCS LOOP

(1) Time: 2h 10m

From the exit of the Vallorcine train station, it is quite a steep slope to reach the Parts du Plan chalets.

The slope then starts to level off during a long crossing through a spruce forest, followed by a beautiful circuit over a plateau. The descent includes a fun slide on the final slope, lasting until Plan d'Envers

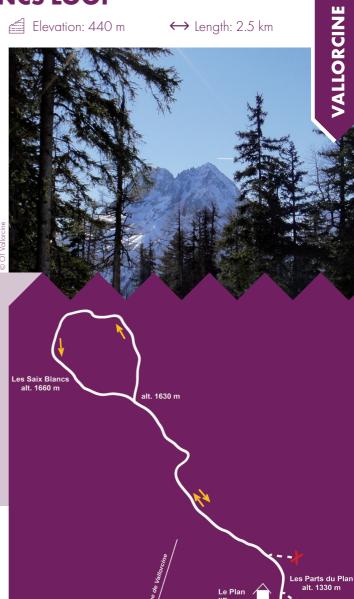


Athletic hikers can contact a guide to help them climb the slope on the opposite side of the Saix Blancs, where you can admire the gorgeous alpine pastures of Loriaz and its stables under the snow.



Beware of avalanches:

Access to the village of Buet from the Vallorcine train station is only possible at the bottom of the valley, by travelling alongside the railway track.



vers Le Buet et Argentièr<u>e</u>

vers Barberine et

Châtelard Frontière (CH)

LES TINES LOOP

(1) Time: 1 h 10 m

and bus stop, this short loop winds through the forest and, at its summit, reveals a beautiful view over the northern and western faces of the Aiguille du Dru. It's hard to believe that, 150 years ago, where the spruce trees now grow there once stood the imposing glacier des bois.

Near the Tines train station

+ Local information The Glacier des Bois and the Grotte de l'Arveyron glacier cave

The Glacier des Bois was an extension of the stillexisting Mer de Glace glacier, located in the village of Les Bois, and reached its maximum size around 1825. Its terminus tongue opened to reveal a breathtaking giant ice cave, the Grotte de l'Arveyron, that visitors would come from as far away as London to admire

liaison vers Le Lavancher

route vers

réservoir

route vers Argentière



Les Bois

chemin du Lavoussé

alt. 1076 m

Les Tines

route vers

Chamonix

BOSSONS GLACIER LOOP

Elevation: 270 m

© Time: 1h45m

This route climbs up the right bank of the Bossons Glacier, crossing mountain streams to arrive at the Le Cerro viewing platform, which overlooks a deep ravine created by the retreating glacier. This area is also an overwintering spot for local fauna: be careful and pay attention to your surroundings!



← Length: 5.1 km

Local information The Bossons Glacier

A site of multiple air disasters. In 1950, the Bossons Glacier became the site of the first civilian air disaster to take place in the Mont Blanc Massif. On the 3rd of November, the "Malabar Princess", a plane flying from Bombay to London, crashed at an altitude of 4677 metres. 16 years later, another disaster struck the Bossons Glacier. As the glacier slowly retreats, debris from the plane and Indian treasures are occasionally rediscovered Debris can also be seen from the chalet du Cerro



BOUCLES DES CERFS

(1) Time: 1 h 10 m

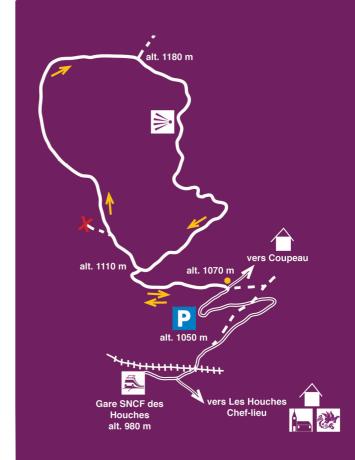
 \rightleftharpoons Elevation: 150 m \longleftrightarrow Length: 2.8 km



© Eric Thiolière

LES HOUCHES

This lovely route stretches through a forest on a wide path, without any obstacles. A very short but steep climb leads to the water source at Les Mouilles, a site which attracts deer or boars (tracks indicate night-time activity). The return stage of the loop boasts several beautiful views of the Mont Blanc massif.



LA CHARME LOOP

(1) Time: 1h30m

Starting at the arrival point of the Le Prarion lift at an altitude of 1.833 metres, this scenic loop winds through the la Charme plateau, with an overview of the Mont Blanc Massif, the Fiz mountain range, the Aravis Range and the Val Montjoie. The perfect spot to try out snowshoeing alone, or with family or friends. This loop can be combined with the Petit Prarion loop.



← Length: 3.5 km



+ Local information

Houches-Saint-Gervais ski area was created in 1936, when the Bellevue cable car was built. In 1971, the Prarion lift was built. 1948 was the year of the first Men's World Alpine Skiing Championships -"Arlberg-Kandahar" the race. Today, the ski area is a major asset to the valley's economy, with 15 ski lifts, 25 pistes, 92 seasonal workers in winter, and events taking place both in winter and summer.



PETIT PRARION LOOP.

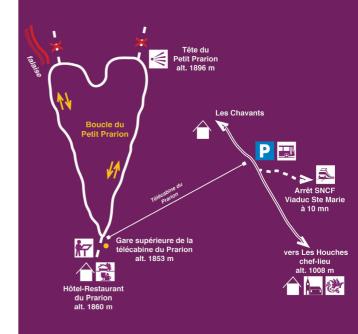
(1) Time: 1h

 \rightleftharpoons Elevation: 50 m \longleftrightarrow Length: 2 km



©Eric Thiolière

Perched at an altitude of around 2,000 metres, this short and simple route offers a spectacular view from the Tête du Petit Prarion mountain. Highly recommended for unforgettable views! There is the option to go back via the lovely, sunlit western slope of the mountain, which is a protected area separate from the ski pistes, facing the Fiz and Aravis ranges.



LA PLANCHETTE LOOP

 \bigcirc Time: 35 min \iff Length: 1.7 km

BERGES DE L'ARVE LOOP

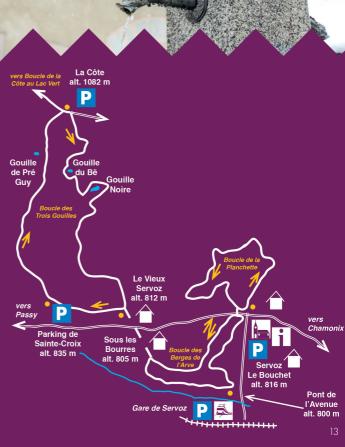
TROIS GOUILLES LOOP

 \bigcirc Time: 1h30m \iff Length: 8.5 km

Three short loops wind around the ancient houses and farms of Servoz. A great way to discover and admire the traditional architecture of this village, which includes 30 fountains.

+ Local information The fountains

Some of the oldest fountains were dug into the limestone rock, with many of the other fountains being built from cement following simple designs in the 1930s and 40s. Finally, the most recently built fountains are made from granite. Servoz's 30 fountains help us appreciate how precious water is today.

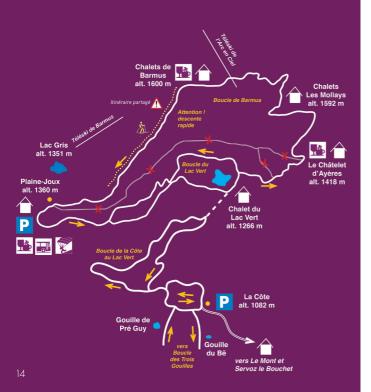


PASSY - SERVOZ

CÔTE AU LAC VERT LOOP

(h) Time: 1h40m





The wide forest path of the summer is hidden beneath the snow, replaced by the snowshoeing route that joins the dip of the Lac Vert. The beech trees have gradually been replaced by large, shady spruce trees... For the brave: a short-cut offers a quick and challenging descent.

BARMUS LOOP

igodelightarrow Time: 3h igodelightarrow Elevation: 320 m \longleftrightarrow Length: 7 km

LAC VERT LOOP

igodelightarrow Time: 1h15m $\begin{tabular}{ll} \begin{tabular}{ll} \begin{tabula$

In this rather challenging loop, Barmus offers a beautiful area to explore, that is nonetheless far removed from the risk of avalanches from the Ayères. Chalet shelters are spread out along the route and offer food and drinks. The Lac Vert Loop is the best option for an easy family hike.





MONT D'ARBOIS PATH

Starting at the arrival point of the Mont d'Arbois gondola lift

© Time: 2h 15m

Elevation: -433 m

← Length: 4.6 km





When descending, take the Le Bettex / Mont d'Arbois gondola lift. At Mont d'Arbois, the signs indicate the slope, through forests and snow-covered fields on the left, quite far from the gondola lift. A fairly wild, quiet hike, on a short track. You will approach the Lac de Chateluy gondola lift. Go past l'Avenaz on the left, the piste crosses underneath the gondola lift twice before arriving back at Le Bettex. Those in search of a challenge may prefer to hike this route uphill, for a scenic but challenging route



LE BETTEX - LES COMMUNAILLES LOOP

From Le Bettex (Piste starting point)

© Time: 1h50m

Elevation: 210 m

↔ Length: 4.9 km

© Eric Thiolière



From Le Bettex. head towards the Piste Multi Usage, towards les Communailles. It is a wide. almost completely flat path. At Le Perchery, you will find the private cross belonging to the Chapuys family, but the path continues straight ahead, towards the highest point of Les Communailles. Just before arriving at the first houses, at Les Orgères,

a more narrow path turns to the right towards: Entre deux Nants. Going uphill in a forested area (be careful: skiers may be descending in this area!), the path crosses a small stream, then opens out onto a clearing with a few chalets. Here you should find the marker to the right of the chalets, on the edge of the woods. The path becomes narrower in the forest then

exits onto a ski piste, which you will travel alongside until the small chairlift at Arbois, then you will enter a wider path. A small climb towards the ski slope (be careful when crossing it), followed by a descent. The path arrives at Bettex behind the ESF (French ski school) and the "front de neige" at the foot of the slopes.



LE BETTEX - LES COMMUNAILLES LOOP

From Les Communailles

(1) Time: 1 h 15 m

Elevation: 176 m

↔ Length: 4.9 km

© Eric Thiolière



The route starts at the Les Communailles car park, (you can also take a shuttle bus from Le Bettex which takes you to Les Communailles), hike up towards the Piste Multi Usage which crosses the ski slope and the ski tow line, turn to the left just after arriving at the first houses, to Les Orgères, heading towards "Entre deux Nants". Going uphill in a forested area (be careful: skiers

may be descending in this area!), the path crosses a small stream, then opens out onto a clearing with a few chalets. Here you should find the marker to the right of the chalets, on the edge of the woods. The path becomes narrower in the forest, then exits onto a ski piste, which you will travel alongside until the small chairlift at Arbois, then enter a wider path. A small climb towards the ski slope (be careful when crossing it), followed by a descent. Before Le Bettex, follow the markers on the right to descend directly. It is a wide, almost completely flat path, but your route continues straight ahead to the highest point of Les Communailles, then goes back down to the car park at the lower end of the village.



(1) Time: 2h30m

Elevation: 242 m

← Length: 2.8 km

At the Plan (or plateau) de la Croix, a challenging but short climb joins a ski slope that you will then very quickly leave at the 1st turning to enter a forest. The flat path leads to chalets. A fork in the path provides a route either via Porcherey Devant or Porcherey Derrière. Via Porcherey Derrière: a narrow path winds upwards through the forest. When crossing through the clearer areas, you can take in the Mont Blanc Massif as you gradually leave the forest. You will then avoid the ski slopes, and instead walk on some "sand dunes"! Here you can catch sight of the cross of Porcherey, with a potential detour towards the hostel and arrival at the slopes that descend from Mont Joly. For the descent, a fairly wide and sloping path enters the forest. Before "les Tuiles", make sure you do not miss the marker indicating a small path to the left. From here the path will again wind through the forest, and descend fairly quickly, under a high-voltage line and some chalets in Les Marlières. Follow the almost completely flat path to return to the fork, then to the Plan de la Croix.



BIONNASSAY LOOP

Time: 1h

Elevation: 210 m

← Length: 2.7 km

A path begins just under the Crozat car park; it has a moderate slope, and you can find several mushrooms in the forest during the autumn! You will come across a few chalets. before arriving at Le Planet. Excellent view of the Aiguille Bionnassay mountain. The loop continues downhill. A fork in the path leads to the left at the Pont des Place bridge, which crosses the Bionnassay mountain stream, which is often buried under an avalanche of snow, but the flat path continues straight away towards the village of Bionnassay. Take in the view of the Tricot and Vorassay (this area is frequented by rutting stags in the autumn). Cross the "Maisonnette" area, then continue a bit further down than the car park.

le Planet alt. 1540 m Vers le Col de Voza et le TMB Le Chapiot Sur les Maures alt. 1498 m alt. 1460 m Pont des Places alt. 1413 m Vers route de Maisonnette l'Ormey Le Crozat alt. 1410 m alt. 1420 m Le Champel **Bionnassay**

Vers St-Gervais

+ Local information The hamlet of Bionnassay

Bionnassay had its own chapel and school, and the hamlet often spent long periods cut off during the winter. These buildings are a model of selfsufficient mountain life, and help maintain the charm of this village, which clings to the slope.

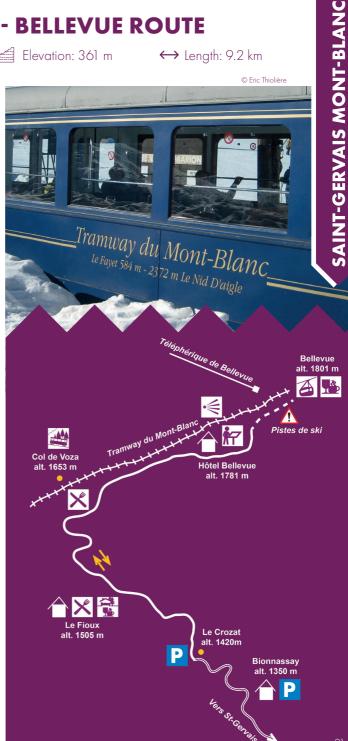
BIONNASSAY - BELLEVUE ROUTE

(1) Time: 2h45m

Elevation: 361 m

← Length: 9.2 km

A steady climb until the Col de Voza on a wide, clear piste from which you can take in the view over: the glacier of Bionnassay, the Aiguille du Goûter, Mont Joly and Mont Saint-Nicolas, Mont Tricot and Mont Vorassay. A third of the way up, you'll find the Fioux mountain hut, then you will enter a forest which leads to the Col de Voza. Here you will find information about when the Mont Blanc tramway (TMB in French) the Nid d'Aigle station, the Tête Rousse hut and the Gouter Hut. A path then climbs up towards Le Prarion (between Col de Voza and Le Prarion you will find the famous "Verte des Houches" piste, on which the Kandahar takes place). Follow the path that runs alongside the train tracks until you arrive at the viewpoint indicator for the old hôtel Bellevue:viewpoint the Chamonix valley, then continue until Bellevue and the arrival point of the cable car from Les Houches.



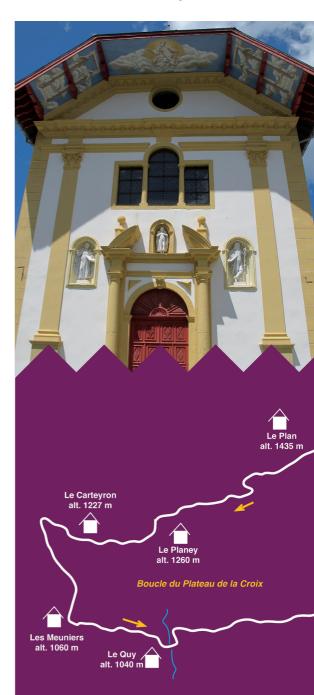
PLATEAU DE LA CROIX LOOP

(Time: 2h05m

Elevation: 408 m

 \leftrightarrow Length: 5.5 km

The path winds beneath the chairlift, and cuts through the turns of the road leading to the Plateau de la Croix, Leave the Cross on your left for a crossing from which you can see the view. When arriving at "Le Frêne", on your right you will see the anthills identified by the pupils at Saint-Nicolas school. Then you will travel down slightly faster downward slope until Le Planet. Towards Le Carteyron, you will come across old farms, an ancient cellar, of which all that remains is the foundation stones and a sundial. Follow the path downhill to Nant des Meuniers, which represents the border with Contamines, heading towards Les Meuniers. Return to the path towards Le Quy, from which you can visit Tresse-a unique village as it is located within both Saint-Gervais and Les Contamines. Cross the bridge, and a path (which is only steep at the start!), climbs up to Saint-Nicolas. At the old storehouse ("Sarto") you will leave the chemin des Bouquetins ("Ibex trail") before arriving in the village.



SHORT LOOP IN SAINT-NICOLAS

Time: 1h

©Joëlle Dartigue-Paccalet

Elevation: 115 m

← Length: 2.3 km

Description information Church of Saint-Nicolas de Véroce

After the nature walk, you shouldn't miss the cultural walk at the church of St-Nicolas. A masterpiece of Baroque religious art in Savoie, it dates from 1726, and was decorated by the artists and artisans of the Valsesia. In Les Contamines, in Cordon or Combloux... the baroque walk is a mustsee, all year round.

Plateau de la Croix alt. 1448 m Croix de fer Le Fontaney alt. 1290 m Petite Boucl St Nicolas Saint-Nicolas de Véroce alt. 1175 m

A path with a mild slope, crosses beneath the village's chairlift, with a view over the Tricot, Mont Vorassey, then arrives in Fontaney: at this ancient farm, you may notice the "éparrons" - inscriptions on wooden beams. Then, take the path through the forest which leads to the junction with the return slope to: "Tête des Truz" where an iron cross is located. The return path continues downwards until Nant Blanchet. After the nature walk, don't miss the cultural walk at the church of St-Nicolas.

masterpiece of Baroque religious art in Savoie, it dates from 1726, and was decorated by the artists and artisans of the Valsesia.

LA CÔTE D'AURAN LOOP

(1) Time: 2h30m

Elevation: 200 m

← Length: 3.7 km



ontamines-Montioie - Gilles Lansard

From the starting point located "at the exit" of the village of Les Contamines, heading towards Notre-Dame de la Gorge, take the path outlined alongside the mountain stream of Armancette, with the ski tow lift on your left. For this climb, you will need to take your time and manage your pace as you head towards the Côte d'Auran. The route then levels off in a forest and arrives at the hamlet of La Frasse, at the point where the tallest houses in the village are located. Take the downhill route via the ancient "Chemin du P'tou" towards the church. Continue the downhill route towards the car park below the Tourist Office and then make the return journey by following the Bon Nant mountain stream, travelling in the opposite direction to its current.



NOTRE-DAME DE LA GORGE LOOP

Time: 2h30m (Round trip) 🚄 Elevation: 46 m

← Length: 3.8 km (Round trip)

From the centre of Les Contamines, travel downhill under the Tourist office, turn leftwards through the car park, then you will arrive at the banks of the Bon Nant mountain stream. Alonaside the waterway, travel uphill through the valley by crossing the Pont du Loyers bridge, then the Pont du Lay bridge, then reach the Nordic centre, on your left. This very easy course remains flat until the remarkable baroaue church of Notre-Dame de la Gorge and its 14 oratories, which we will see on the return journey. Rejoin the outbound route by crossing the bridge at the car park, and come back to the centre of the village.





CREY DEVANT LOOP

(h) Time: 2h30m

Elevation: 155 m

↔ Length: 2.3 km

Slightly uphill from the village centre, the route starts at the events hall. At the end of the road, and by carefully travelling in between private houses, the flat track continues through a forest until you arrive at the first chalets of Le Crey Devant. At the fork in the path, the left fork quickly leads to Champelet, a hamlet a little downhill from the village (includes a bus stop).

CREY DERRIÈRE LOOP

(1) Time: 2h30m

Elevation: 180 m

← Length: 5 km

From the chalets of Crey Devant, a second loop leads to Crey Derrière with the option of returning to the main road (includes a bus stop).

© OT Les Contamines-Montjoie - Gilles Lansard

CHOSAL LOOP

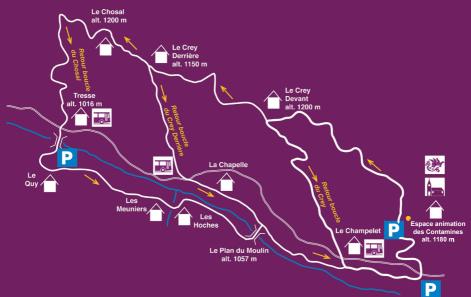
(h) Time: 3h30m

Elevation: 235 m

↔ Length: 6.8 km

Those looking for a challenge can continue the upward journey to Le Chosal, then towards the car park in La Gruvaz. After this take the steep path downwards towards the hamlet of Tresse (includes a bus stop).





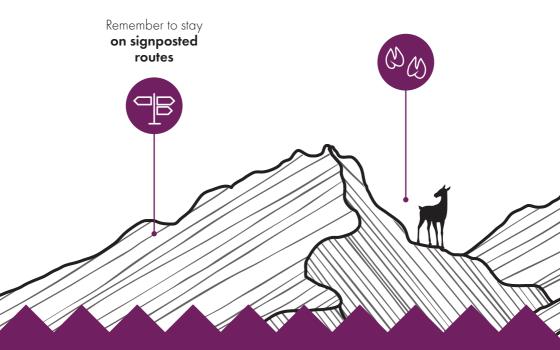
KEEPING THE MOUNTAINS UNSPOILED

In winter, wild animals (chamois, ibexes, black grouse, rock ptarmigans, etc.) are highly vulnerable due to the cold and lack of food.

To protect themselves, they take shelter in forests or in igloos.

When disturbed, their only reaction is to flee. This results in an waste of energy for them.

Repeated disturbance thus weakens them.



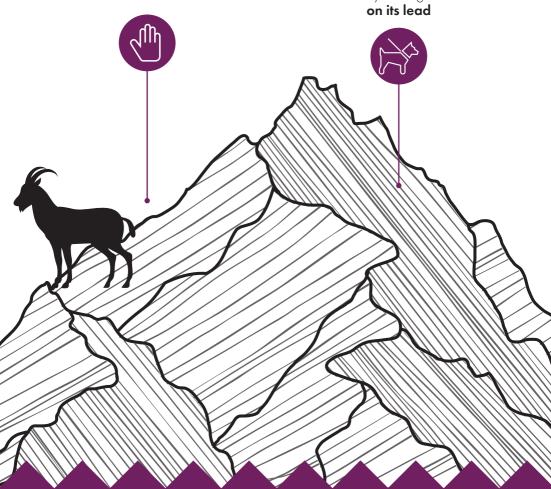
Scan me!



If you come across an animal on your path, stop and let the animal move away in peace.

It will use less energy this way

Keep your dog



COLOMBAZ PATH

(h) Time: 2h30m

 \rightleftharpoons Elevation: 300 m \longleftrightarrow Length: 4.3 km

From the car park in Le Baptieu or from the ski lift in Le Lay, follow the long path towards Colombaz. The steady uphill slope winds in easy zigzags, and benefits from direct sunlight in the morning. The arrival point is at the chalet restaurant, so as to avoid the slopes further uphill, which can be prone to avalanches. The return journey uses the same route.

> Colombaz alt. 1500 m

> > Télécabine de Montjoi



de la Gorge

GRANGES DE LA GORGE PATH

Time: 1h 15m (Round trip)

Elevation: 160 m

← Length: 1.8 km (Round trip)

Very near the car park at Notre-Dame de la Gorge, and next to one of the remarkable oratories that run the length of the route, cross the first sloping ledge before a gradual uphill slope towards the Chalets of Les Granges. On the high alpine pasture, the view opens out over the valley, as well as the surrounding peaks, and you will follow a loop before rejoining the same path on the way back down





PRAZ-SUR-ARLY

CASSIOZ LOOP

Time: 1 h40m (Round trip)

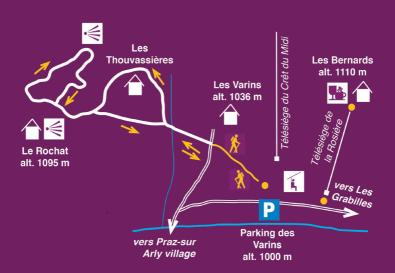
Elevation: 150 m

← Length: 3 km (Round trip)

©Mairie Praz sur Arlv



Car park at the start of the ski area (yellow snowshoe signs). Turn left at the ESF chalet towards the cross-country skiing trails. After passing the bridge, turn right and follow the river. At the end of the valley, climb back up via the slope on the left, towards the chalets. Cross over the road and follow the track for 500m. Continue rightwards and travel upwards into the forest before rejoining the small plateau. Descend towards the chalet and follow the track towards the hamlet of Cassioz. At the hamlet, turn off to the left and follow the pedestrian path which runs the length of the cross-country skiing slope to return to the slope car park.



LES EVETTES LOOP

From Praz

igorup Time: 2h30m $\begin{center} \begin{center} \begin{cent$

From Flumet

igodelightarrow Time: 3h $\begin{center} igodelightarrow & igode$

Set off with the car park at Les Grabilles on the right, then take the path that goes uphill on the right. At the peak, continue rightwards, follow the track until you reach a sloping ledge on the edge of a ski slope. Continue to climb up the ski slope, then cross the slope and join the track on the other side and follow it until you reach the "La Montagnette" restaurant

Lac des Evettes is just a little further up. The return journey follows the track that goes straight into the forest by the restaurant. After several moguls, follow the track that goes downhill for a few hundred metres, before turning off to the right. Cross the fields until you reach the farm from the starting point.





COL DE JAILLET PATH

From the Jaillet gondola lift

Time: 1h55m (Round trip)

Elevation: 148 m

← Length: 6 km (Round trip)

From the leaving point of the chairlift in Christomet

Time: 3h20m (Round trip)

Elevation: 303 m

↔ Length: 10.7 km

CHRISTOMET PATH

From the Jaillet gondola lift

Time: 4h 15m (Round trip)

Elevation: 265 m

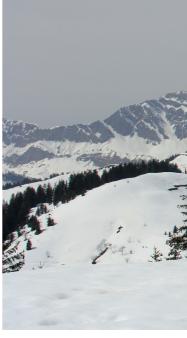
← Length: 10 km (Round trip)

From the leaving point of the chairlift in Christomet

○ Time: 5h40m (Round trip)

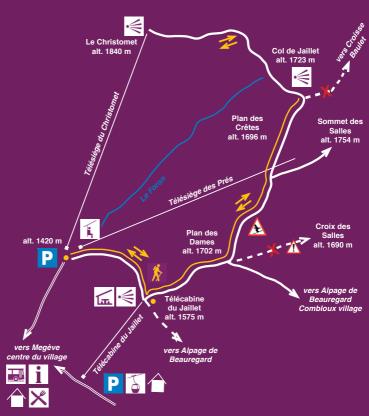
Elevation: 420 m

← Length: 14.7 km (Round trip)



From the upper station of Le Jaillet or from the departure point of the chairlift of Le Christomet, the path climbs up to the Plan des Dames, then, via a lovely path through the forest, vou will arrive within sight of the Col de Jaillet where a magnificent view of the Aravis and Mont-Blanc ranges awaits. The village of Megève and its surrounding hamlets can be see beneath. As a historic site. the Col de Jaillet has been used for shared agriculture since the Roman period. Daring hikers can continue until Christomet: the round trip is for good snowshoers only, with challenging mountainous areas unforgettable landscapes.





LEUTELLET PATH

 \bigcirc Time: 2h20m (Round trip) \rightleftharpoons Elevation: 394 m \longleftrightarrow Length: 5.5 km (Round trip)

PLANAY PATH

(h) Time: 1h05m

Elevation: 56 m

← Length: 4 km (Round trip)



Warm gradually UР alongside the cross-country ski slopes before the first uphill slopes. As you climb higher, the views open out over the mountain of Rochebrune, as well as the striking northern faces of Mont Joly and the Aiguille Croche.



TÊTE NOIRE

From the car park at Les Mouille

Time: 2h55m (Round trip)

Elevation: 491 m

←Length: 5.3 km (Round trip)

From the car park of Le Peray

Time: 2h40m (Round trip)

Elevation: 411 m

← Length: 4.4 km (Round trip)

LES SIONS LOOP

© Time: 1h10m

Elevation: 135 m

 \longleftrightarrow Length: 2.3 km (Round trip)

©Eric Abt

There are two starting point options: The car park at Les Mouilles (more accessible) and the car park at Le Peray, which is slightly higher up, and can be quickly access via a short path. For the Les Sions Loop, take the path to the left and cross in between the houses Continue to follow the flat path until the final house of Les Sions, then go downhill to the left until La Combe. then cross the side of the hill to return to the car park at Les Mouilles. For Tête Noire, turn right and start climbing via a wide and easily visible path. Once you arrive at the Tête, which you have been skirting around up until this point, take the path to the right. The left path leads to the chalets at Les Bénés.



LES CHARNES LOOP

Time: 2h30m

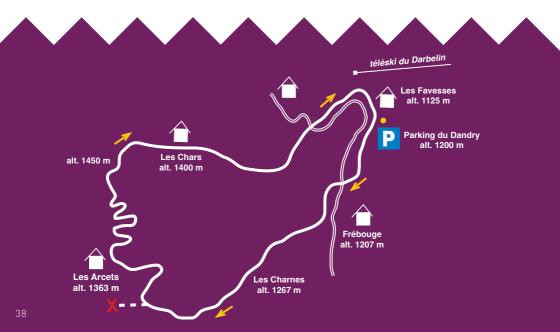
Elevation: 250 m

← Length: 2.9 km



©Cordon tourisme

Following a path, then crossing fields and undergrowth; this scenic hiking route travels through a sunlit slope to the highest point of the ski slopes, offering spectacular views of the landscape. After leaving Dandry, follow the signage - a path runs alongside the road downhill - then cross it to take the path opposite to go to Charnes uphill. Leave the paths going to the chalets to instead go higher through the fields and then the forest, before starting to descend to the outskirts of the ski area. At the bottom, cross the road again to arrive near the Le Darbelin ski tow lift, then go to the car park.



DANDRY LOOP

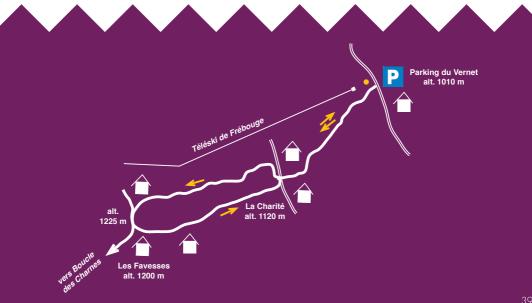
(h) Time: 1h30m



← Length: 2.3 km

CORDON © JM Barev

This route winds through traditional houses, and offers a lovely hike near the ski slopes, where you can take in the views over the Mont Blanc and Fiz mountain ranges. The loop starts at the Le Vernet car park at the bottom of the Frébouge ski tow lift. The path continues into snow-covered in between a few chalets. Then cross the road and take the path to the right (the return journey will be taken via the path on the left). The keenest hikers can then join the Les Charnes Loop. Alternatively, in order to shorten the circuit, the hike can be started from the Dandry car park with the upper loop.



CORNILLON LOOP

(b) Time: 1 h 10 m

Elevation: 196 m

↔ Length: 3 km

LES PLAINES LOOP From the car park

© Time: 1h55m

Elevation: 235 m

 \leftrightarrow Length: 4.3 km

AVENAZ LOOP From the car park

(C) Time: 3h05m

Elevation: 387 m

← Length: 5.5 km



©A Blondet

These three routes plunge you into the heart of the forest of the Jorasse and take you up to the Avenaz mountain pasture. Of these routes, the Cornillon loop, which includes a forest road, is the shortest and the easiest. It can be extended into the more challenging Les Plaines or Avenaz Loops. From the car park, the forest "road" ("la route forestière"). In Cornillon: take the path to the left to go back down. For the Les Plaines and Avenaz Loops, keep taking the forest road to the right until you reach the Les Plaines picnic area. Then, the Les Plaines Loop takes a path on the left to begin the descent. For the Avenaz Loop, take the wide path to the right that goes uphill into the forest. The signs will take you until the Avenaz mountain pasture and its lookout point. On the return journey, you will leave the wide path to instead take a path through the woods. You will then find the path you took earlier in the hike before going back down.



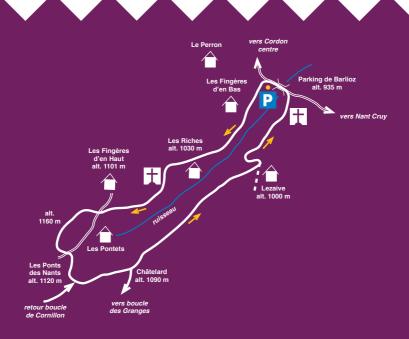


LES PONTS DES NANTS LOOP

igodelaim Time: 2h igodelaim Elevation: 225 m \longleftrightarrow Length: 4.2 km



Without any difficult uphill slopes, the route will take you up to the beautiful Ponts des Nants bridges, on the edge of the forest of Jorasse, before going back down via a lovely path through the undergrowth. Starting at the car park in Barlioz, follow the signs which will take you to the hamlet of Les Fingères. Near Fingères d'en Haut, cross the road and continue onto the path on the other side. At Ponts des Nants, cross the road again and turn to the left towards Ponts des Nants. Then follow the marked path until the car park. Following this route, you can link up to the Cornillon Loop.



LES GRANGES LOOP

From Chatelard

(h) Time: 1h55m

Elevation: 200 m

←Length: 5 km

From Nant-Cruy

(1) Time: 1h55m Elevation: 320 m

↔ Length: 5.4 km

The Les Granges Loop ranges from forest slopes to winding paths through undergrowth, but does include any steep climbs. Between Les Lovatières and Montavus a beautiful clearing opens up, offering a spectacular view over the Mont Blanc Massif. From here you can go down to the village of Cordon by descending to the left at Montavus.

From les Grangettes

(h) Time: 1h55m Elevation: 320 m

↔ Length: 3 km

From le Vernay

(C) Time: 1h55m Elevation: 330 m

↔ Length: 7.6 km





LES MONTAVUS LOOP

From Chatelard

① Time: 2h45m

Elevation: 456 m

⇔Length: 10.2 km

From les Grangettes

Time: 2h

Elevation: 256 m

← Length: 5.2 km

From Nant-Cruy

(L) Time: 2h45m

Elevation: 476 m

↔ Length: 10.6 km



BEAUREGARD MOUNTAIN PASTURE

From the top of the chairlift at Beauregard

Time: 50 min

Elevation: -351 m

←Length: 2.5 km

From Cuchet

(h) Time: 1h30m

Elevation: 168 m

 \leftrightarrow Length: 4.5 km

© OT Combloux - Christine Burnier

From la Cry

● Time: 1h55m Elevation: 310 m

 \leftrightarrow Length: 5 km

beautiful loop that winds through forest and mountain pasture, with the Mont Blanc massif in the background. Starting from the top of the Beauregard chairlift, there is an option to shorten the uphill slope. A lovely route that crosses through a forest. When you arrive at the top, an uninterrupted view over the Aravis, Fiz and Mont Blanc ranges will be your reward. A wilder route, with views over mountain ridge and Mont-Blanc. It offers some peace and quiet amidst this vast white expanse.



SOMMET DES SALLES

From Cuchet

Time: 2h25m (Round trip)

Elevation: 481 m

←Length: 8 km (Round trip)

THE TOP OF THE CHAIRLIFT AT BEAUREGARD From Cuchet

Time: 1h25m (Round trip)

Elevation: 269 m

← Length: 5 km (Round trip)

CHRISTOMET VIA THE COL DE LA JORACE

From La Cry

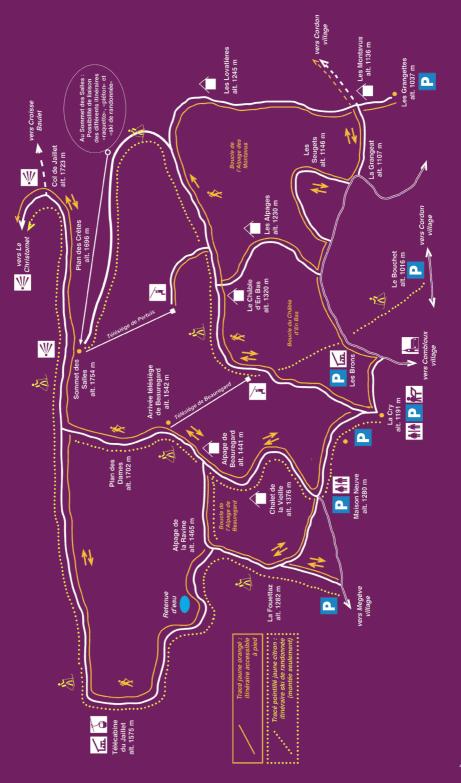
① Time: 5h45m

Elevation: 700 m

←Length: 12 km

© OT Combloux - Christine Burnier





PLANSET MOUNTAIN PASTURE LOOP

Time: 1h30m

Elevation: 150 m

←Length: 2.8 km

PRAPACOT D'EN BAS LOOP

Via Combafort

Time: 2h

≦ Elevation: 250 m→ Length: 3.6 km

LE BARBY LOOP

Time: 2h30m

Elevation: 294 m

←Length: 4.2 km

HAUTS DE PLANSET LOOP

(C) Time: 2h 15m

Elevation: 291 m

← Length: 3.6 km

TROIS ALPAGES LOOP

Time: 3h30m

Elevation: 387 m

←Length: 7.2 km

MONT D'ARBOIS LOOP

Time: 5h

Elevation: 801 m

⇔Length: 12.2 km

When leaving the car park at Les Intages or at Les Moraches towards the hamlet (or "lieu-dit") of "le Plan", you can choose which "wild" loop you would like to follow, or to follow multiple loops to enjoy a longer hike! These loops give you a taste of what these mountain pastures looked like in days gone by. The rural mountain architecture of these understated places is waiting to be discovered, alongside a panoramic view over the Aravis mountain range. For athletes and risk-takers, the route that climbs up to the summit of Mont d'Arbois includes a long uphill wild forest slope, for which your reward will be a scenic descent with Mont Blanc in the background. Alternatively, several "escape" routes are available if you are too tired to continue or in the event of inclement weather.



LES COMBES

Time: 1h

Elevation: 170 m

←Length: 2.15 km

PLATEAU DE MAYÈRES LOOP

① Time: 3h45m

Elevation: 560 m

←Length: 7.1 km

From the hamlet of Le Burzier, follow this unassuming but charming Combes loop, towered over by the cliffs of the Aravis mountain range. Committed hikers can continue the hike until the Mayères Cross - the reward for their efforts will be an exceptional view over the Arve valley and the Mont Blanc massif, as well as the option to take a break at the refuge du Tornieux restaurant! To go back, a wide slope offers a gentle return towards Burzier.

© Eric Thiolière



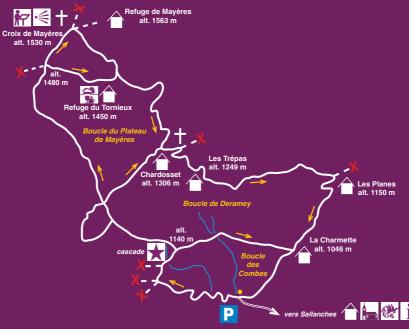
LE DÉRAMEY LOOP

Time: 2h

 \rightleftharpoons Elevation: 360 m \longleftrightarrow Length: 4.7 km

The Le Déramey Loop is one of the variations of the Mayères forest path, which accesses beautiful clearings from which you can take in views of our striking Mont Blanc massif. On this charming loop you will cross the undergrowth, clearings and streams, around which you can observe animal tracks in the forest while enjoying the exceptional landscapes. You can also discover this small hamlet, located on a crossroads, where pretty mountain chalets overlook the town of Sallanches, facing the Mont Blanc massif. Hikers are recommended to take a break here and admire this spectacular sight.







































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